

## **Iowa Athletic Trainers' Society Annual Meeting and Clinical Symposium 2025**

This event will be held in-person at the West Des Moines Marriott at 1250 Jordan Creek Pkwy, West Des Moines, IA 50266.

### **Friday, April 11, 2025**

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|--------------------|--|
| 7:30 AM - 8:00 AM  | <b>Registration</b><br>Coffee and Breakfast available  |
| 8:00 AM - 8:30 AM  | <b>IATS Business Meeting</b>   |
| 8:30 AM - 9:25 AM  | <b>Breathe Well, Feel Well, Perform Well<br/>Sideline Strategies for an Athletic Trainer</b><br>By Sarah Bancroft, DO, FAOASM<br>1.0 Category A CEU  |
| 9:30 AM - 9:55 AM  | <b>Sports Medicine Advisory Committee 2024-2025 updates:<br/>What lies ahead for new policy and practice.</b><br>By Richelle M. Williams, PhD, ATC, Sarah Bancroft, DO,<br>FAOASM, and Anna Manternach, MS, LAT, ATC<br>0.5 Category A CEU |
| 9:55 AM – 10:15 AM | <b>Break</b><br>Student Poster Presentations and Vendors   |
| 10:15 AM -11:10 AM | <b>Emergency Preparedness and Cardiac Care Review</b><br>By Michael Donahue, DAT, M.Ed, ATC, LAT and Megan Brady,<br>Ed.D, ATC, LAT<br>1.0 Category A CEU  |
| 11:15 AM- 12:10 PM | <b>Secondary School Athletic Trainers: A Data-Centric Overview<br/>of Job Satisfaction and Strategies for Risk Reduction,<br/>Recruitment, and Retention</b><br>By Jason Viel, MS, LAT, ATC<br>1.0 Category A CEU                          |
| 12:20 PM - 1:20 PM | <b>Lunch and Awards</b>  |
| 1:20 PM - 2:15 PM  | <b>Wrestling Sports Medicine: A Unique Case of Strep Infection<br/>in a Collegiate Wrestler</b><br>By Tim Weesner, MS, LAT, ATC<br>1.0 Category A CEU  |
| 2:15 PM – 2:30 PM  | <b>Break</b><br>Student Poster Presentations and Vendors   |

2:30 PM - 4:25 PM            **Blood Flow Restriction**  
By Abby Gillard, PT, DPT, CSCS  
2.0 Category A CEUs

4:30 PM – 5:00 PM            **Wrap up**

5:00 PM – 7:00 PM            **IATS Social**

### **Saturday, April 12<sup>th</sup>**

7:45 AM - 8:00 AM            **Registration**  
Coffee and light breakfast available

8:00 AM - 8:45 AM            **Before, During, and After the BOOM: Health Care for the  
University of Iowa’s Hawkeye Marching Band**  
By Shaun McCarthy, MA, LAT, ATC  
.75 Category A CEU

9:00 AM - 9:55 AM            **ATs in Orthopedic Practice**  
By Nicholas Bender, MS, LAT, ATC, Whitney Lents, MS, LAT,  
ATC, and Megan Lima, LAT, ATC, OTC  
1.0 Category A CEU

10:00 AM - 10:55 AM        **Ergonomics in the Industrial Setting**  
By Bailey Siebrecht, MHA, LAT, ATC, CEAS III and Michelle  
Bamrick, LAT, ATC, PTA, CSCS  
1.0 Category A CEU

11:00 AM - 11:45 AM        **Sports Performance**  
By Anthony Chilton  
.75 Category A CEU

11:45 AM - 12:00 PM        **Wrap up**

10.0 Category A CEUs offered.

### **Cancellation Policy**

The Iowa Athletic Trainer’s Society will offer a full refund of the general conference registration fees for requests received up to 2 weeks prior to the event, less a processing fee taken by GetMeRegistered. In the 2 weeks leading up to the event, refunds will be granted less a \$15 administrative fee. No cancellations will be processed on or after the first day of the scheduled event. No refunds or cancellations will be processed for recorded events. All refund requests must be sent in writing (email) to and received by the IATS Annual Meeting Chair, Christine Black; [iatsannualmeeting@gmail.com](mailto:iatsannualmeeting@gmail.com) and will be processed no later than four weeks after the

last day of the Annual Meeting. Refunds will be issued to the original payer in the same amount as the payment received.



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#### **Platinum Sponsors**

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### **Required Materials and Equipment**

In-person attendance - there are no required materials or equipment

### **Learning Objectives**